

# CALLING ALL

**\*Women, gender diverse and non-binary people with disabilities from all cultures who live in Melbourne's West  
TO JOIN A SUNRISE SOCIAL GROUP**



**Sunrise Social Groups can support you with:**

- Meeting new people
- Learning new skills
- Connecting with local services and mentors
- Building your confidence

## About the Groups

The groups will start meeting in April 2021 and will run to March 2023. It is free to join and participate. To join you must be over the age of 18 and not an NDIS participant. Sessions will be hosted in English however all cultures are welcome. The group will meet online each week through Zoom and hope to resume fortnightly face to face meetings soon in local council areas in the western metropolitan region where there is the most community interest. If you are new to using computers, we can help you to get access to technology and support you to learn how to use it.

**For more information, questions or to sign up,  
contact Women's Health West on mobile:  
0407 061 702 or email: [sunrise@whwest.org.au](mailto:sunrise@whwest.org.au)**

\*WHW warmly welcomes women, trans, gender diverse people and/or non-binary folks who are comfortable in a space that centres the experiences of women.

Women's Health West is actively moving our practices and programs towards an evolved understanding of gender. We believe individuals have the right to express and identify their gender however they choose.

We welcome any feedback:  
[whwest.org.au/about-us/feedback-and-complaints/](https://whwest.org.au/about-us/feedback-and-complaints/)

