

A-Z OF CONSENT, EMPOWERMENT AND RESPECT



All bodies are beautiful



Body hair- go bare or leave it there



Consent- it's a two way street



Diversity- celebrate it!



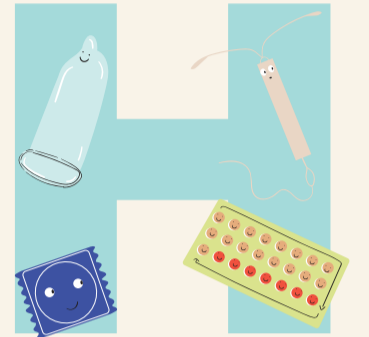
Equality and respect- key to every relationship



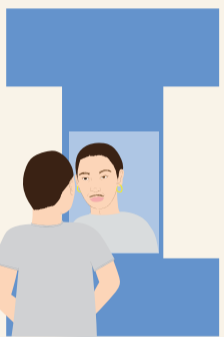
Feminism is for everyone



Get tested!



Have safe sex- use protection



Identity- embrace all that you are



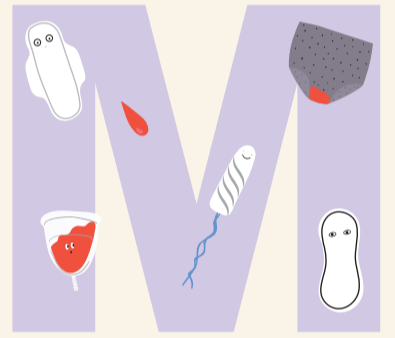
Jot it down- keep note of changes in your body



Knowledge is power- know your rights



Learn about your body



Moon cups, pads or tampons? Choose what's right for you



Normalise everyday conversations about sex



Oops! Forgot to use protection? You have options



Pleasure- explore what feels good for you



Quality healthcare- find a service that supports you



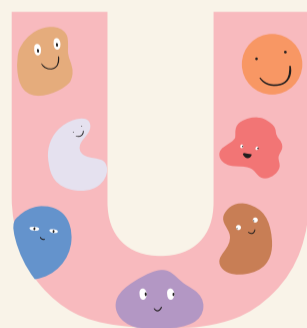
Reject stereotypes



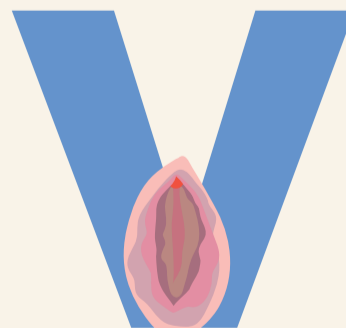
Sex- always, sometimes, never... it's up to you!



Talk it out. Communicate your wants and needs



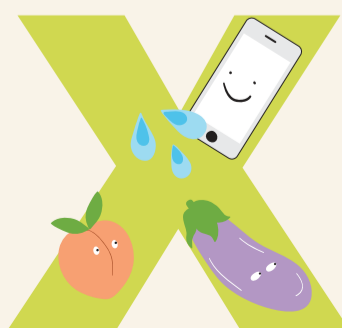
Unique- sexuality is different for everyone



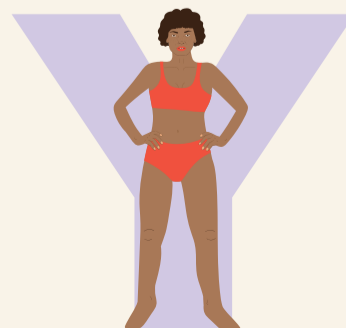
Vulva or vagina? Know your bits



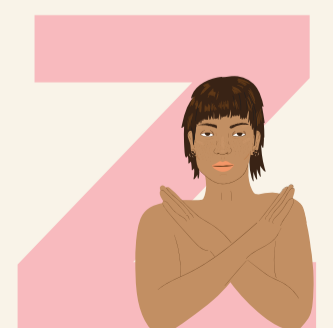
Want to know more? Visit whwest.org.au



XOXO- sext with respect



Your body, your choice



Zero tolerance for sexual violence