



women's **health** west

Our Vision

Women's Health West's vision for reconciliation is one where Aboriginal and Torres Strait Islander peoples' right to self-determination, land, cultures and histories are respected and celebrated across Australia.

We commit to contributing to a future in which Aboriginal and Torres Strait Islander women and children experience health, safety and wellbeing in our community.

The Womens Health West RAP logo was created by Mazart Design Studio, a proud certified Supply Nation business.

The logo design represents a map of suburbs of the WHW region, where clients reside, and make their travels to WHW. The Bunjil (eagle) featured is the protector of our people, of all people. www.mazartdesignstudio.com

How we can help

We provide crisis and short-term support to women and their children experiencing family violence. We offer:

- Someone to talk to
- Support to develop a safety plan
- Information about your rights. Family violence is a crime. You have a right to report it to police
- Information about housing. You may not have to leave the family home
- Information about income and other financial support.

We also deliver a range of health promotion programs to improve women and girls' health, safety and wellbeing.



Contact us

To speak to our intake service or visit us
T: (03) 9689 9588
317-319 Barkly Street, Footscray VIC 3011

If you need support because of family violence outside working hours, call safe steps on 1800 015 188

www.whwest.org.au

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COMMITMENT TO RECONCILIATION

Women's Health West acknowledge the Traditional Custodians of the land on which we work, the people of the Kulin Nation, and we pay our respects to Elders and community members past and present.

Through our reconciliation work we express solidarity with the ongoing struggle for land rights, self-determination, sovereignty and the recognition of past injustices.

We express our hope for reconciliation and justice.

Who we are

Since 1988, Women's Health West's work has actively contributed to improving the health, safety and wellbeing of women and their children in Melbourne's west, which encompasses the local government areas of Brimbank, Hobsons Bay, Maribyrnong, Melbourne, Melton, Moonee Valley and Wyndham.

Our core business includes the development and implementation of strategies to prevent, intervene and respond to the homelessness, ill-health, dislocation and trauma facing women and children who experience family violence.

Women's Health West is a leader in the development of regional strategies to further this work, seeing partnerships within and beyond the sectors in which we work as crucial for bringing about effective and sustainable outcomes for women and their children.

Women's Health West also shares Aboriginal and Torres Strait Islander peoples view of health as encompassing physical, mental, emotional, social and spiritual dimensions and provide services and approaches that redress poor health in a holistic way.

Our Reconciliation Action Plan

Central to Women's Health West's reconciliation work is listening to the stories of Aboriginal and Torres Strait Islander women as we recognise women are experts in their own lives.

Our reconciliation journey has been guided by Aboriginal and Torres Strait Islander women, Elders and Aboriginal organisations across Melbourne's west.

To find out more about Women's Health West's commitments to reconciliation please refer to our Reconciliation Action Plan at www.whwest.org.au/reconciliation

Our key reconciliation action areas:

Women's Health West has committed to a series of actions in our Reconciliation Action Plan. Here are some of the highlights:

BUILD STRONG PARTNERSHIPS

- Build relationships with Elders and Aboriginal and Torres Strait Islander women and children of the Kulin Nation to ensure our work meets the communities' needs
- Develop a community engagement plan and principles to work with our Aboriginal and Torres Strait Islander partners, and women and children
- Participate in relevant external events and committees coordinated by communities and partners, to share resources and experiences of working towards reconciliation

PROMOTE CULTURAL SAFETY

- Celebrate significant Aboriginal and Torres Strait Islander dates throughout the year
- Improve the cultural competence of our staff, our practice and our work with Aboriginal and Torres Strait Islander women and children
- Increase the number of women and children who feel safe to identify as Aboriginal and Torres Strait Islander within our services and programs

ENHANCE OPPORTUNITIES

- Develop an Aboriginal employment strategy to increase the number of Aboriginal and Torres Strait Islander women employed at Women's Health West
- Tailor our services and programs to the cultural needs of Aboriginal and Torres Strait Islander women and children
- Increase the number of Aboriginal and Torres Strait Islander women and young people participating in our sexual and reproductive health programs